

# I'm going Adventure

**NAME:** \_\_\_\_\_

**DESTINATION:** \_\_\_\_\_

**DATES:** \_\_\_\_\_

**MY DETAILS**

Name: \_\_\_\_\_  
 Passport #: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Travel insurance #: \_\_\_\_\_

**FLIGHTS**

Booking #: \_\_\_\_\_  
 Airport: \_\_\_\_\_ Airport: \_\_\_\_\_  
 Airline: \_\_\_\_\_ Airline: \_\_\_\_\_  
 Flight #: \_\_\_\_\_ Flight #: \_\_\_\_\_  
 Time: \_\_\_\_\_ Time: \_\_\_\_\_  
 Arrival: \_\_\_\_\_ Arrival: \_\_\_\_\_

**HOTELS**

Booking #: \_\_\_\_\_  
 Hotel 1: \_\_\_\_\_  
 Booking #: \_\_\_\_\_  
 Hotel 2: \_\_\_\_\_  
 Booking #: \_\_\_\_\_  
 Hotel 3: \_\_\_\_\_

**BASIC DESTINATION INFO**

TIME ZONE: \_\_\_\_\_  
 Home: 9 AM Destination: \_\_\_\_\_  
 CULTURE  
 Religion: \_\_\_\_\_  
 Language: \_\_\_\_\_  
 WEATHER  
 Season: \_\_\_\_\_  
 Average temperature: \_\_\_\_\_  
 Expected: SNOW RAIN CLOUDS SUN

**BASIC PHRASES**

Hello! \_\_\_\_\_ Thank you \_\_\_\_\_  
 How are you? \_\_\_\_\_ Please \_\_\_\_\_  
 Excuse me \_\_\_\_\_ Sorry \_\_\_\_\_  
 YES \_\_\_\_\_ NO \_\_\_\_\_  
 How much? \_\_\_\_\_  
 I don't understand ... \_\_\_\_\_  
 Do you speak ... \_\_\_\_\_  
 What is the WIFI password? \_\_\_\_\_  
 Where is the bathroom/toilet? \_\_\_\_\_



**CURRENCY**

Currency name: \_\_\_\_\_  
 Main payment method: CASH CARD  
 Exchange rate: \_\_\_\_\_  
 \$1 USD 1€  
 \$10 USD 10€  
 \$100 USD 100€

**EMERGENCY NUMBERS**

Closest Embassy: \_\_\_\_\_  
 Embassy #: \_\_\_\_\_  
 Closest Hospital: \_\_\_\_\_  
 Ambulance #: \_\_\_\_\_  
 Police #: \_\_\_\_\_  
 Fire #: \_\_\_\_\_

**RETURN FLIGHT**

Booking #: \_\_\_\_\_  
 Airport: \_\_\_\_\_ Airport: \_\_\_\_\_  
 Airline: \_\_\_\_\_ Airline: \_\_\_\_\_  
 Flight #: \_\_\_\_\_ Flight #: \_\_\_\_\_  
 Time: \_\_\_\_\_ Time: \_\_\_\_\_  
 Arrival: \_\_\_\_\_ Arrival: \_\_\_\_\_

**DON'T FORGET**

- Passport
- Copy of a passport send to your email
- Copy of Visa
- Travel Insurance
- Notify your bank about travel dates
- Portable Charger
- Universal travel adapter
- Reusable water bottle
- Important phone numbers
- Travel wallet
- Itinerary outline

- Wet wipes and tissues
- Compression socks
- OTC Medications / Painkillers
- First Aid Kit
- Some cash in local currency
- SPF Sun cream
- Ziplock bags
- This list

**OTHER NOTES**

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